

## **EMBRACING ABUNDANCE**

by Joan Stenzler

Seek to live from a place of unimagined possibilities

Why not believe that what you will receive, will far exceed  
your wildest dreams and desires?

This great abundance has your name on it,  
So drink it in, one wonderful sip at a time!

And trust that there is so much more  
waiting to fill you up!

Joan Stenzler is a wholistic psychotherapist, Professional Level Kripalu Yoga Teacher and Director of The Institute for Helping Professionals. Her program "Reawakening the Heart of Service" empowers teachers, healers and health professional to reconnect with their passion and inspiration for serving others by engaging their gifts of heart, igniting creativity, enthusiasm and bringing transformation to the process of working with others! For information about Joan, The Institute and programs we offer, go to: [www.StressLessAtWork.com](http://www.StressLessAtWork.com)